

OCR Cambridge
National Level 1/2

Health and Social Care



What is **Health and Social Care**?

- **Health and Social Care** is a **vocational qualification** which provides an introduction into working in **health, social care and early years sectors**.
- Much of the specification focuses on the **development of communication, working in partnership** and the **skills** required to **support children and vulnerable adults**.
- The course allows students to develop **practical skills to plan, lead and evaluate a creative activity**.





INCLUDED ON THE
KS4 PERFORMANCE TABLES

Specification

OCR Level 1/Level 2

Cambridge National in
**Health and
Social Care**

J835

Version 4 (First teaching September 2022)

Course Overview and structure.

The course is split into **three** units:

R032: Principles of Care in Health and Social Care settings

- Y11 Exam, 40% final grade

R033: Understanding Life Stages

- Coursework, 30% final grade

R034: Creative and Therapeutic Activities

- Coursework, 30% final grade

Assessment

The course is assessed through **examination** and **coursework units**. Each units is assessed and the **percentage of marks awarded** achieves the following grades:

Level 2 Distinction* (GCSE equivalent 8.5) 90%

Level 2 Distinction (GCSE equivalent 7) 80%

Level 2 Merit (GCSE equivalent 5.5) 70%

Level 2 Pass (GCSE equivalent 4) 60%

Level 1 Distinction (GCSE equivalent 3) 50%

Level 1 Merit (GCSE equivalent 2) 40%

Level 1 Pass (GCSE equivalent 1) 30%



R032: Principles of Care in Health and Social Care settings (40% final grade)

This unit is assessed by an **exam** which is **1 hour 15 minutes** in length and is comprised of short answer questions, with **three extended response questions**.

The **topics** include:

- Rights in Health and Social Care Settings
- Person Centred Values and their benefits
- Communication in Health and Social Care
- Keeping service users safe



R033: Understanding Life Stages (30% final grade)

In this coursework unit students need to understand how **individuals develop** through their **life course**. Part of the assessment includes **interviewing an individual about life events they have experienced**.

- **Physical, Intellectual, Emotional and Social Development**
- Factors affecting **development**
- **Predictable and unpredictable life events** and their **impact**
- **Sources of support** which meet **individual** needs



R034: Creative and Therapeutic Activities (30% final grade)

In this coursework unit students will learn about the **creative and therapeutic activities** which can **benefit a group of service users**. They will need to **plan, deliver and evaluate their own creative activity**.

- Creative activities and their benefits
- Plan, deliver and evaluate a creative activity
- Therapeutic activities and their benefits



Key Career Skills

- **Effective communication**
- **Planning and organisation**
- **Self-evaluation**
- **Compassion and empathy**
- **Time-management and meeting deadlines**

Future career opportunities

Studying **Health and Social Care** can lead to a career in the;

- **Nursing**
- **Midwifery**
- **Occupational Therapy**
- **Speech and Language therapy**
- **Social work**
- **Youth work**
- **Social care**
- **Early Years**
- **Primary Education**

Future study opportunities

Studying **HEALTH AND SOCIAL CARE** can lead to further study in;

- Any relevant subject at Level 3 (A level), for example at NSG we offer:
 - **Level 3 AAQ Early Childhood Development**
 - **Level 3 BTEC Applied Psychology**
 - **A level Sociology and Psychology**
- Other subjects, such as;
 - **Level 3 AAQ Health and Social Care**
 - **T Level Health**
 - **T Level Education and Early Years**